



# *Things I am thankful for*

**We have much to be thankful for**

**Supplies:** You'll need unpopped popcorn, a bowl, supplies for popping popcorn, and a bible ([biblegateway.com](http://biblegateway.com) or YouVersion Bible App)

**Activity:** Sit in a circle on the floor. Give each family member three to five pieces of unpopped popcorn. Place a bowl with the remaining unpopped popcorn in the center of the circle. Tell family members they must think of things to be thankful for, share those things, and drop one piece of unpopped popcorn into the bowl for each idea. (If you have an especially thankful family, you may wish to give each person more pieces of unpopped popcorn.)

When people have exhausted their thankful ideas, take the unpopped popcorn and... pop it! Bring over the hot popcorn and share: Just as taking unpopped popcorn and heating it up makes a tasty new treat we can enjoy, taking good and bad situations a like and finding things to be thankful makes our lives enjoyable and "tasty".

**Read:** 1 Thessalonians 5: 18 NIRV *"Give thanks no matter what happens. God wants you to thank Him because you believe in Christ Jesus."*

Take a moment for each family member to share one or more reasons they're thankful for the person on their left. Take a moment to pray and thank God for any of the things they've talked about during this family night activity. Then dive into the cooked popcorn together!

Jim Weidmann, Ron Wilson, and Kurt Bruner.  
*Heritage Builders/Holidays Family Nights Tool Chest. Pg. 79. 1998*