

# Kids On Track SHIFT YOUTH PROGRAM Registration Form— 1 per Youth

## Youth's Information (please fill in a form for each youth you are registering):

YOUTH'S FIRST Name: \_\_\_\_\_ YOUTH'S LAST Name: \_\_\_\_\_  
YOUTH'S cell phone: \_\_\_\_\_ YOUTH'S E-Mail: \_\_\_\_\_  
Male  Female  Birthday: MM/DD/YEAR Grade Completed: \_\_\_\_\_

## ALL LEGAL Parent/Guardian Information:

First Name: \_\_\_\_\_  
Last Name: \_\_\_\_\_  
Relationship to youth: \_\_\_\_\_  
Phone: \_\_\_\_\_ Cell: \_\_\_\_\_  
Alternate: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
E-mail: \_\_\_\_\_

First Name: \_\_\_\_\_  
Last Name: \_\_\_\_\_  
Relationship to youth: \_\_\_\_\_  
Phone: \_\_\_\_\_ Cell: \_\_\_\_\_  
Alternate: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
E-mail: \_\_\_\_\_

If parents do not reside together, who has legal custody of the youth? (shared, sole custody, etc). Please detail.

## We are interested in providing the most beneficial program for your Youth. The following information will assist with that:

Swim Level: Can swim with no life jacket  Can swim but needs life jacket  Has fear of water   
What, if any, level of swimming lessons has your Youth achieved? \_\_\_\_\_  
Does your youth have any canoe, paddling, outdoor camping, or wilderness experience? \_\_\_\_\_  
Other information you think we should have (activity restrictions etc.): \_\_\_\_\_  
Does your youth attend any Kids on Track programs? Yes  No  Which ones? \_\_\_\_\_  
To your knowledge, please check off if your youth has a history of any of the following:  
Aggressive behaviour  ADD/ADHD  FASD/FAE  Difficulty making friends   
Anxiety disorders  Suicidal tendencies  Mental Health concerns

## For safety and identification purposes, please provide a brief description of your youth:

Ethnicity: \_\_\_\_\_ Hair Colour: \_\_\_\_\_  
Eye Color: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
Distinguishing features: \_\_\_\_\_

## Emergency Contact – must be different from parents/guardians listed above

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Relationship to youth: \_\_\_\_\_ Phone: \_\_\_\_\_  
Cell: \_\_\_\_\_ Alternate: \_\_\_\_\_

## For safety reasons, please check off all the ways your youth is allowed to leave Kids On Track programs:

Walking Home  Parent Drop Off and Pick Up  Public transit  
 Other \_\_\_\_\_

Please list any people **other** than legal parent or guardian allowed to bring/pick up my youth from Kids On Track programs:

**Office Use Only:** Consent signed: \_\_\_\_\_ (Staff initials) Entered to database:

Kids On Track Association of Edmonton  
**Consent to Participate in the SHIFT YOUTH PROGRAM**

Understanding that the purpose of the SHIFT YOUTH PROGRAM of Kids On Track Association of Edmonton (hereinafter referred to as Kids On Track) is to provide opportunities for youth to engage together in active recreational pursuits, social activities, exploring life's questions and challenges in a Christian context, I acknowledge the following conditions of enrollment:

I acknowledge that participants are subject to reasonable behavior that ensures safety, respect and consideration of others. Parent initials\_\_\_\_ Youth initials\_\_\_\_

Kids On Track reserves the right to dismiss any youth for behavioral reasons at the discretion of the director. I agree to follow all rules, guidelines and instructions provided by the activity leaders. I understand that if my youth is dismissed it is my responsibility to pick him or her up immediately. Parent initials\_\_\_\_ Youth initials\_\_\_\_

I acknowledge that Kids On Track is not responsible for lost, damaged or stolen personal property brought to the program. I shall assume financial responsibility for my youth's actions which causes damage to the property of others. Parent initials\_\_\_\_ Youth initials\_\_\_\_

I affirm that my youth is in good physical condition and he or she is capable of participating in the activities that will take place at the SHIFT YOUTH PROGRAM as described in the Program Guidelines. Parent initials\_\_\_\_ Youth initials\_\_\_\_

I acknowledge the Kids On Track dress code as described in the Program Guidelines. I understand my youth may be sent home from program if this dress code is not followed. Parent initials\_\_\_\_ Youth initials\_\_\_\_

In the event of an emergency, I give the designated leader of Kids On Track permission to obtain any medical treatment for my youth and will cover the full cost of an ambulance and any other costs entailed. Parent initials\_\_\_\_ Youth initials\_\_\_\_

I understand that Kids On Track does not carry accident insurance for individual participants. It is my responsibility to obtain personal coverage from the provider of my choice. Parent initials\_\_\_\_ Youth initials\_\_\_\_

I consent to my youth being transported to and from Kids On Track activities. We utilize vehicles owned by Kids On Track (bus) and personal vehicles of our leaders. These leaders have provided us with a driver's abstract and proof of insurance prior to use of their vehicle. Parent initials\_\_\_\_ Youth initials\_\_\_\_

I give Kids On Track Association of Edmonton permission to take photos or videos (digital or otherwise) of myself, my Youth/family members for use in educational materials, publications, promotional materials, our Kids On Track website, Facebook and other social media sites and/or other materials and release Kids On Track and all persons acting under its authority from any claims I might have due to the initial or subsequent publication of such materials. Participant's names will not be used. Yes\_\_\_\_ No\_\_\_\_ Parent initials\_\_\_\_ Youth initials\_\_\_\_

I would like to receive e-mail updates about —  ALL OF THE FOLLOWING **OR** PLEASE CHECK ALL THAT APPLY:  
 Programs & Special Events  Monthly Newsletters  Fundraising Events & Campaigns  Volunteer Opportunities Parent initials\_\_\_\_ Youth initials\_\_\_\_  
*We do not give out your e-mail to any other businesses or organizations. You will only be contacted for Kids On Track purposes. **BY NOT SELECTING ANY OF THESE OPTIONS YOU WILL BE REMOVED FROM OUR EMAIL LIST***

I affirm that the information on the registration form is accurate and correct. I have received and reviewed the **Program Guidelines** and agree to follow them. Parent initials\_\_\_\_ Youth initials\_\_\_\_

**PLEASE READ CAREFULLY**  
**Release of Liability, Waiver of Claims and Assumption of Risks Agreement**

I hereby acknowledge that I have voluntarily registered my youth in the **SHIFT YOUTH PROGRAM** offered by Kids On Track Association of Edmonton (hereinafter referred to as Kids On Track). I am aware of inherent risks and hazards that may arise out of my named youth's participation in the sport or recreation activities being offered (including but not limited to risks associated with high ropes course, biking, swimming, gym games, sporting games, wall climbing, cooking, and water sports such as canoeing). I am aware that these activities may cause serious injuries such as falls, impact injuries, hypothermia & dehydration, drowning, burns, fatigue, and exposure to water/food borne illness that in extreme circumstances could lead to death of participants. I agree on my behalf and on the behalf of my family that Kids On Track shall not be liable for any personal injury, death, or property loss, and I indemnify Kids On Track from any such claims for negligence, or breach of statutory duty of care on the part of Kids On Track or its directors, officers, employees, or volunteers, and I waive the right to make any claim with respect thereto.

\_\_\_\_\_  
 Printed Name Signature of Parent/Guardian Date (dd/month/yyyy)

## Kids On Track SHIFT YOUTH PROGRAM Guidelines

1. All youth attending any Kids On Track programs must have a registration form signed by the **parent/ legal guardian**.
2. Youth must be at least in Grade 6 to attend the SHIFT YOUTH PROGRAM.
3. Please discuss appropriate behavior and the consequences of inappropriate behavior with your youth. The following behaviors are expected and if not demonstrated will be addressed with consequences which may include: sitting out from an activity, being sent home, temporary or permanent suspension.
  - **Respect leaders, other youth, and property**
  - **Listen to and obey the leaders**
  - **Zero tolerance for violence, bullying, and racism**
  - **No gang paraphernalia of any kind**
  - **No foul language**
  - **No use of tobacco products, non-prescription drugs/illegal drugs, or alcohol during Kids On Track times.**
4. Possession of weapons is prohibited. Please do not bring any knives, guns, bow and arrows, or anything that could be used as a weapon.
5. Appropriate clothing for the weather and activity type must be worn. Youth may be sent home from program if they are not dressed appropriately for the weather. Please review the Shift Youth dress code (see below).
6. I understand that during Kids On Track programming times Christian educational and experiential practices such as Bible studies, scripture verses, Christian songs, prayer times and discussion will be integrated in a youth friendly, non-coercive manner. Youth from any faith background are welcome to attend, however Christian beliefs will be presented.
7. You or your emergency contact person must be available to be reached during program times. Should your youth need to be removed from the program, a Kids On Track staff member will inform you. It is the parent's responsibility to arrange immediate transportation for their youth.
8. Dating behaviors are not permitted at Kids On Track Youth events. This includes hand holding, kissing, cuddling, and hugging.
9. Please do not bring cell phones, iPods or iPads. Electronics are not allowed during programming time. All electronics will be locked away and returned at the end of the program.

### ACTIVITIES

The Shift Youth Program is offering youth a chance to participate in exciting youth-focused activities in and around Edmonton at low cost. Activities may include (but are not limited to): high ropes course, biking, swimming, gym games, sporting games, wall climbing, cooking, and water sports such as canoeing. You will be able to view the activity calendar at [www.kidsontrack.org](http://www.kidsontrack.org).

### DRESS CODE:

1. Respect the Kids On Track dress code. The 5-B Rule must be followed. No bosoms, butts, bellies, bras or boxers can be shown. All shorts and skirts should reach mid-thigh and all bathing suits should be one piece or tankini style for girls and boxer style shorts
2. Running shoes or sport style sandals (close toe) should be worn for all activities. Slip on shoes, high heels and flip flops are not allowed. Appropriate winter boots are required for winter activities.
3. Appropriate winter gear for any outdoor winter activities is required including winter coat, gloves, hat, and snow pants. If you require any of these items and cannot afford to buy them, please let us know!
4. Hats are strongly encouraged for all outdoor summer activities.

### KEEP UP TO DATE:

There are a number of ways to stay up to date with what's going on at Shift Youth.

1. You can check out the calendar at [www.kidsontrack.org](http://www.kidsontrack.org)
2. You can like our facebook page [www.facebook.com/kidsontrackyouth](http://www.facebook.com/kidsontrackyouth)
3. You can check the Shift Youth Hotline at 780-481-2942 ext. 6
4. You can follow us on Twitter @SHIFT\_YOUTH
5. You can follow us on Instagram @kotshiftyouth