

# KIDS ON TRACK ADVENTURE CAMP

## What to Bring

- ❑ Sleeping Bag
- ❑ Pillow
- ❑ Toothbrush & Toothpaste
- ❑ Soap & Shampoo
- ❑ Towel
- ❑ Pajamas (warm ones)
- ❑ Pants (5)
- ❑ Shirts (10)
- ❑ Shorts (4)
- ❑ Underwear (7)
- ❑ Socks (12)
- ❑ Sweater (2)
- ❑ Rubber Boots or shoes with a ½ inch heel for horseback riding
- ❑ Running shoes
- ❑ Sport sandals (no flip flops please)
- ❑ Swimsuit
- ❑ Coat (preferably something waterproof)
- ❑ Bug spray
- ❑ Sunscreen
- ❑ Hat

## **OPTIONAL:**

- ❑ Bible, notepad, pen
- ❑ Camera
- ❑ Flashlight

\*All medications **MUST** be bubble packaged (by a pharmacist and will be kept with the camp nurse)

## What NOT to bring

- ❑ Any electronics (iPods, iPads, cell phones, PSP, tablets, DS)
- ❑ Food
- ❑ Vulgar/offensive t-shirts or literature
- ❑ Water-guns of any kind
- ❑ Toys of any kind (except 1 teddy bear if needed)
- ❑ Expensive clothing or jewelry
- ❑ Any knives or fire arms

Shiloh Ranch and Kids On Track are not responsible for lost, damaged, or stolen items. Please leave all valuables at home and only bring clothing that can get dirty and well used.

**Please label all belongings!**

**Due to limited space, please limit your child to one piece of luggage (suit case, duffle bag), plus their sleeping bag and pillow.**

**ALL MEDICATION MUST NOT BE IN THE LUGGAGE. YOU WILL BE ASKED TO CHECK IT IN AT THE TIME OF REGISTRATION. PLEASE KEEP IT SEPARATE TO SPEED UP THE REGISTRATION PROCESS.**